



NoFrills Supermarkets Predator League Rules (3rd – 8th Grade)

Generally, all rules pertaining to basketball for grades 3rd through 8th as defined by the Nebraska State Athletic Association will be used for the Predator League. Some specific rules designed at the coaches meeting, which will be utilized or emphasized are as follows:

1. Girl's 28.5 ball will be utilized for all grades (including 7th/8th grade rec) except for 8th grade boys.
2. Rim heights are as follows: 3rd grade boys = 9', 3rd & 4th grade girls = 9', 5th – 8th girls = 10', 4th – 8th grade boys = 10'
3. All Grades game clock:
 - Two 20-minute halves per game
 - Clock stops on all whistles during last minute of each half only
 - One 30-second time-out per overtime period
 - 5-minute half time
4. Overtime period limited to 2 minutes with stopped clock during final minute only. After one overtime, sudden death will go into effect - first team to score wins. No time-outs in sudden death period.
5. Foul Shots
 - On 7th team foul - 1 and 1
 - On 10th team foul - 2 shots
6. Technical Fouls
 - Two technical fouls on the bench (coach) - ejection from current game and following game
 - Two technical fouls on player - ejection from current and following game.
 - Two coach ejections - elimination of coach from league.
7. Full-court press policy - 4th, 5th, 6th, 7th, and 8th grades
 - Any team may press full court unless they have a twenty-point (20) lead or greater. This includes swiping at or stealing the ball after a rebound in transition. If the referee determines that possession was lost in transition before half court, then the team will be rewarded the ball out of bounds in their back court.
8. 3rd Grade team rules: No full court Press
9. Teams can start game with four roster players, but if a fifth roster player hasn't arrived by the 10-minute mark of the first half or 2nd quarter for 8th grade, the game will be called a forfeit in favor of the team with at least five players. If any team has more than one forfeited game due to this rule, they will be disqualified from the Predator League.
10. Rule for Coaches Bench Behavior
 - Only two coaches per team will be allowed on the team bench. No exceptions! If a scorekeeper is on the bench, that person will be considered a coach.
 - Only the Head Coach can make comments to the referees or workers at the score table. ***If the assistant doesn't comply, the referee is instructed to call a technical foul on the bench.*** This rule will be enforced this year, so please comply!
11. Only the Head Coach will be allowed to stand. Coach's box extends from start of bench to the end of the bench. Coaches must present Coaches pass to Admissions upon entry.
12. Coaches'/Fan Attitudes
 - It is understood that these games get quite competitive and some calls always seem to go the other way, it is important that all maintain a proper etiquette and display of sportsmanship. The referees will be given full licensing to eject fans and coaches from the gym.
 - All coach/referee/fan complaints must be emailed to bob.franzese@omahasportsacademy.com

Note: We have 12 cameras within our gym, so all games are recorded. Any incident will be thoroughly reviewed!

13. We will do our best to accommodate any conflicts that your team might have in the event you notify us in writing prior to the start of scheduling. It is very important to us that each team get their scheduled game each week. In the event that your team is not able to play on a particular weekend, let the OSA know as soon as possible so a solution may be worked out.

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14. A single elimination post-season tournament will follow the last week of the fall and winter sessions. Please note that seeding will take place after the completion of the sixth week of league play. This will allow for tournament schedules to be done in a timely manner. The regular season champion will still be determined after the last week of the regular season.
15. Eligibility: Bob Franzese must approve all roster changes once league play begins. Players can play up a grade, but CANNOT, under any circumstance, play down. There are no exceptions to this rule! Due to an overwhelming amount of school teams playing in the league, we will allow participants to play on more than one team, provided that both teams are not in the same division. Our number one priority is to maintain competitive balance in each division; therefore, if this policy change impedes the ability to maintain a competitive balance, we will review this policy change for future leagues.

Notes:

- All coaches will need to provide their own warm-ups balls. OSA will provide the game ball.
- Do not park in the designated "no parking" areas in front of the different storefronts in the parking lot. You will be towed at your own expense. We have an additional 200 parking stalls in back of our facility in the event the front area is full.
- On Saturdays and Sundays, doors will open 30 minutes prior to the start of the first game. For games that take place during the week, be advised that we have practices or events going right up until your scheduled first game. All teams will be allowed a 5-minute warm-up period.
- \$2 admission charged to adults for all league games; 18 and under are free. Season passes will be sold the first 2 weeks of the league.
- In the event of inclement weather, check the homepage two hours prior to your game time for the status of your game.

Questions, concerns, contact Bob Franzese, Omaha Sports Academy General Manager at (402) 504 -1222 or at Bob.Franzese@omahasportsacademy.com.