

# OSA CRUSADERS

## 2012 Summer Select Basketball

**Tryout Dates and Times:** Players should try out for the grade level in which he or she is **currently enrolled**. There is a \$5 tryout fee per player.

### Sunday, March 11th

- U14 Boys (current 8th graders): 5:30 pm-7:30 pm
- U15 Boys (current 9th graders): 1:00 pm- 3:00 pm
- U16 Boys (current 10th graders): 1:00 PM- 3:00 pm
- U17 Boys (current 11th graders): 5:30 pm-7:30 pm
  
- U14 Girls (current 8th graders): 3:15 pm-5:15 pm
- U15 Girls (current 9th graders): 3:15 pm-5:15 pm
- U16 Girls (current 10th graders): 3:15 pm-5:15 pm
- U17 Girls (current 11th graders): 3:15 pm-5:15 pm



### Sunday, March 25th

- 4th-7th Grade Girls: 12:00 pm- 1:30 pm
- 4th and 5th Grade Boys: 1:45 pm- 3:15 pm
- 6th and 7th Grade Boys: 3:30 pm- 5:00 pm



## About the OSA CRUSADERS 2012 Summer Select Program

The Omaha Sports Academy is proud of our continued partnership with the Omaha Crusaders to bring you the BEST summer basketball program in the Midwest! Our advanced structure of competition, team practices, and bi-weekly academies will take players to a new level over the summer months, and has been demonstrated through tremendous growth in past players.

Program directors include Doug Woodard, Varsity Boys' Basketball Coach at Bellevue West, Jim Simons - Omaha Westside, Tom Krehbiel - Boys Town, and Bob Franzese - OSA General Manager.

All summer select players will receive a free open gym membership at the OSA over the spring and summer months as well as 30% off all camps, clinics, and academies offered. Please contact Bob Franzese at 402-504-1222 or [bob.franzese@omahasportsacademy.com](mailto:bob.franzese@omahasportsacademy.com) with any questions about the Summer Select Program.

### 2012 Summer Basketball Program Description

The OSA will offer 4<sup>th</sup> – U17 National, Regional I, and Regional II BOYS TEAMS and 4<sup>th</sup> – 8<sup>th</sup> Grade GIRLS National Teams and U15 – U17 GIRLS Regional Teams. Team age/grade is based on your player's CURRENT GRADE IN SCHOOL.

Cost of the Summer Program is \$875 per player and includes weekly practices, spring and summer tournaments, bi-weekly Academies. An additional fee of \$60 will be charged for uniforms, which must be purchased by each player. Payments can be broken down into two payments if desired.

MARCH 16<sup>TH</sup> – Under 14 – Under 17 deposit due; APRIL 20<sup>TH</sup> - \$425 balance due

MARCH 30<sup>TH</sup> – 4<sup>th</sup> – 7<sup>th</sup> Grade deposit due; APRIL 20<sup>TH</sup> - \$425 balance due

**PRACTICES** – U14-U17 Boys and Girls Practices will be held on Sunday afternoons/evenings and Tuesday nights in April and May. 4<sup>th</sup> – 7<sup>th</sup> Grade Boys and Girls Practices will be held on Sunday afternoons/evenings and Thursday nights in April and May. Specific practice schedules for June – July will be posted each team's page on the OSA website. Practices are generally held at OSA.

TEAMS	DATE & TIME OF FIRST PRACTICE	PARENT MEETING DATE & TIME
U14 – U 17 NATIONAL BOYS	Sunday, March 25; 5:15 – 7:15 pm	Sunday, March 25; 7:15 pm
U14 – U17 REGIONAL BOYS	Saturday, March 24; 11:30–1:30 pm	Saturday, March 24; 1:30pm
U14 – U17 GIRLS	Saturday, March 24; 9am – 11am	Sunday, March 24; 11am
4 <sup>TH</sup> – 7 <sup>TH</sup> GRADE NAT/REG BOYS	Sunday, April 1; 5:15 – 7:15 pm	Sunday, April 1; 7:15 pm
4 <sup>TH</sup> – 7 <sup>TH</sup> GRADE NAT/REG GIRLS	Sunday, April 1; 11:15am – 1:15 pm	Sunday, April 1 ; 1:15 pm

We recognize that high school programs typically hold their camps and clinics and play summer league in June. As a result, we hold off on doing any sort of U14 – U17 team practices for the first three weeks in June to allow players to participate with their high school teams. All U14 – U17 boys and girls teams will practice **daily** June 26 – 29, and July 2 and 5. Players are still highly encouraged to attend the sills academies on Tuesdays and Thursdays.

**TOURNAMENTS** – Tournament schedules will be posted on each team’s web page in April.

**Under 15, 16, 17 NATIONAL BOYS TEAMS** (Current freshmen, sophomores, and juniors)

Two live period division (division one coaches can observe) tournaments the last two weeks in April, one tournament in May, and four additional tournaments in July. We will be competing in the highest level of tournaments. The Omaha Crusaders subsidizes National Team meals and travel expenses through fundraising efforts and sponsorships. Fees collected from regional team players are NOT used to subsidize the national team travel expenses.

**Under 15, 16, 17 REGIONAL BOYS & GIRLS TEAMS** (Current freshmen, sophomores, & juniors)

Three spring tournaments, plus four summer tournaments at the national and regional levels. Players are responsible for getting themselves to tournaments and for accommodations and meals. OSA will assist in setting up hotel room blocks for families. Team parents often coordinate transportation for the kids amongst themselves.

**Under 14 BOYS AND GIRLS NATIONAL AND REGIONAL TEAMS** (Current 8<sup>th</sup> graders)

Three spring tournaments, plus four summer tournaments at the national and regional levels. Players are responsible for getting themselves to tournaments and for accommodations and meals. OSA will assist in setting up hotel room blocks for families. Please note that U14 Boys Regional teams may play in the OSA Summer Predator League in place of one tournament.

**4<sup>th</sup> thru 7<sup>th</sup> GRADE BOYS AND GIRLS TEAMS** (Current 4<sup>th</sup> – 7<sup>th</sup> graders)

Tournaments: Two or three spring tournaments, plus a total of four or five tournaments in June, July, and early August. Tournaments will be a mix of MAYB tournaments and regional tournaments. All tournaments are within a half day’s driving distance at the most. Players are responsible for getting themselves to tournaments and for accommodations and meals. OSA will assist in setting up hotel room blocks for families. Please note that U14 Boys Regional teams may play in the OSA Summer Predator League in place of one tournament.

**SUMMER SELECT ACADEMIES** – Summer Select Academies are run by OSA Professional Staff Charles Thompson, Mike Mackie, and others involved with our Select coaching staff. These academies serve as a great compliment to team practices and the tournaments we play. While competition and regular team practices are very important, we feel that our Summer Select Academies are what put our players over the top!

Summer Select Academies will focus on the following:

- Emphasis on becoming an impact player from an individual skills standpoint
- High Level Skills Repetition
- High Level Skills Instruction
  - Ball Handling
  - Shooting
  - One on One Moves
  - Decision Making
  - Specific Moves
  - Intense Transition Drills



<b>Summer Select Academies Schedule</b> (Tuesdays and Thursdays June 5 – July 26)		
4 <sup>th</sup> – 7 <sup>th</sup> grade boys and girls	1:00 – 2:30 pm	
U14 – U17 boys and girls	2:30 – 4:00 pm	

## Check out some of the many colleges and universities that observed OSA Crusaders teams in action last summer!

Butler	Creighton	Illinois
Indiana	Iowa	Iowa State
Oklahoma	Kansas	Kansas State
Michigan	Michigan State	Missouri
Nebraska – Kearney	Nebraska – Lincoln	Nebraska – Omaha
North Dakota State	Notre Dame	Oklahoma
Purdue	South Dakota	South Dakota State
St. Louis	Tennessee	Truman State
UMKC	Wisconsin	Yale

“OSA has a great summer program with great coaches. The coaches will put the players in the best position for them to get better and if you work hard, you will really improve your basketball skills and become a better player.” – Josiah Gustafson, Millard North Junior; 3 year varsity player

“OSA’s summer program provides an excellent mix of individual skill development and team concepts. The progress of the players throughout the summer is remarkable and impressive. Thanks, OSA!” – Stacey Watson, Mother of Cameron Watson; 4<sup>th</sup> Grade National Team 2011

“The Crusader program allows you to improve your skills during the off season. It also gives you the opportunity to go up against other elite teams that you might not otherwise get a chance to play. The level of training and competition are second to none!” -Tommy Pritchard; U14 Regional I Team 2011

**The Mission of the OSA is to provide a fun athletic environment that promotes healthy competition and the development of positive life skills through quality instruction, service, and facilities.**



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*A smile on every face; sweat through every jersey.*