

5-6 Athletes
Per Group



A Great way to
prepare for the
upcoming season!

Fall Basketball Academy

Sundays

Dates: September 7th, 14th, 21st,
28th, October 5th

1:00 – 2:30 General Skills

Grades 3-12 Cost: \$100

2:30 – 4:00 Strictly Shooting

Grades 3-12 Cost: \$100

Academy Special: \$160 to attend
both sessions. \$40 Discount!

Mondays

Dates: September 8th, 15th, 22nd, 29th
(Four sessions instead of 5 due to
Labor Day)

6:00 – 7:30 General Skills

Grades 3-12 Cost: \$80

7:30 – 9:00 Strictly Shooting

Grades 3-12 Cost \$80

Academy Special: \$130 to attend
both sessions. \$30 Discount!

Thursdays

Dates: September 4th, 11th, 18th, 25th,
and October 2nd

6:00 – 7:30 General Skills

Grades 3-12 Cost \$100

7:30 – 9:00 Position Specific

Grades 3-12 Cost \$100

Academy Special: \$160 to attend
both sessions. \$40 Discount!

General Skills Academy

Players will learn and work on shooting, ball handling, passing, decision making, defensive skills and all of the different aspects of basketball. Players will learn how to excel in all areas of the game! Players will also participate in Fast Break Drills and supervised 2 on 2, 3 on 3, and 5 on 5 games. We will put the skills learned to use!

Strictly Shooting Academy

Players will work on form shooting, free throw shooting, spot shooting, shooting off of the dribble, shooting off of a screen, scoring in traffic, one on one moves, learning to move without the ball to get themselves open and much, much more! All shots are shot correctly! Players will participate in competitive shooting games and a shooting league. We will track every ones shots and have weekly champions as well as overall academy champions!

For Position Specific:

This session will focus on specific skills for point guards, wings, and post players. All instructors will have a high expertise level in the position that they are teaching, and participants can expect to greatly learn and improve. Players can sign up for the position that they normally play, or can also sign up for a position that they would like to improve on.

Instructors Include:

Eric Behrens

Omaha Central boys Head Coach

Kip Colony

Millard West girls Head Coach

Bob Franzese

Omaha Sports Academy

Jared Hellman

Omaha Westside boys Assistant Coach

Rick Hook

Millard West boys Head Coach

Kevin Melcher

Omaha Sports Academy

Terence O'Donnell

Bellevue University Assistant Coach

Can expect to
greatly improve,
and gain a step on
the competition!

Will leave each
week with a
different weekly
workout

Participants:

Will be divided by
age, gender, and
ability level

Will learn from
the areas top
instructors



Registration

Camper Name: _____

Parent/Guardian Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Grade 2008/2009: _____ Birthday: _____ Age: _____

Emergency Contact

Name: _____ Phone Number: _____

Program Name: _____

Date: _____ Time: _____ T-Shirt Size: _____

Program Name: _____

Date: _____ Time: _____ T-Shirt Size: _____

Program Name: _____

Date: _____ Time: _____ T-Shirt Size: _____

I am paying by check _____ I am paying by Credit Card _____

____ Visa ____ MC Credit Card Number: _____ Exp _____

Mail Registrations to:

Omaha Sports Academy

11726 Stonegate Cir

Omaha, NE 68164

Omaha Sports Academy may use a picture from the above program in future publicity pieces. If you have questions or concerns please contact Bob Franzese at bob.franzese@omahasportsacademy.com or 402-504-1222.

